

**From:** Jean Beadle

**Date:** Mon, Feb 27, 2017 21:46

**Subject:**Fw: Using Mobile Technology to Support Veterans

Duke University is looking for post 9/11 veterans for two of their studies. All information is attached or listed below. Please help disseminate. Thank you.

**Subject:** Using Mobile Technology to Support Veterans

Dear Ms. Jean Beadle,

I am a clinical social worker at the Duke University Behavioral Health and Technology Lab. We are a team working to develop mobile technology applications to support military Veterans and families, using technologies like smartphones to try to make treatment simpler and more accessible.

I don't know if you remember our correspondence on past research opportunities, but you were very helpful in sharing this opportunity with Veterans, military families, and other Veteran organizations! Our research group used to be housed at UNC-Chapel Hill but we moved locations about a year ago. I wanted to reach out to you and let you know that we are still actively researching ways to improve treatment for military Veterans.

I am trying to get the word out about two research study opportunities that are currently available: one study aiming to help Veterans with chronic pain, and another study aiming to support veterans during treatment for PTSD and anger. I have attached a flyer with more specific information about each opportunity.

We love to have Veterans partner with us in developing these applications. If you are able to distribute our flyer to the Veterans you serve, that would be a big help to us. Alternatively, please feel free to reach out to me if you have any questions or other suggestions as to how we might best inform Veterans about these opportunities.

Thanks for the work you do, and we look forward to interacting with you further!  
Chelsea Greenburg, MSW, LCSWA

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**Duke Veterans Study**

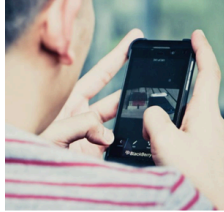
*Duke University Behavioral Health and Technology Lab*

919-681-1613

[vetstudy@duke.edu](mailto:vetstudy@duke.edu)

## Duke Research Study

### Supporting Veterans' Mental Health with Mobile Technology



**You may be eligible to participate if:**

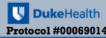
- You have served in the military since October 2001.
- You meet criteria for Posttraumatic Stress Disorder (PTSD).
- You have had an episode of anger/irritability in the past week.
- You use a smartphone with a data plan on a regular basis.
- You have a family member or close friend who also uses a smartphone with a data plan and agrees to participate in the study.

**The study involves:**

- Two interviews with veterans and a family member or close friend, at the beginning and end of the study.
- Twelve weekly training sessions for managing anger.
- All participants will be compensated for study participation.

**FOR MORE INFORMATION CONTACT**

**Dr. Eric Elbogen**  
**919-681-1613**  
or  
**vetstudy@duke.edu**



## Duke Research Study



### Pain Management for OEF/OIF/OND Veterans

If you are a veteran who served after 9/11 and have been diagnosed with both a Traumatic Brain Injury (TBI) and Posttraumatic Stress Disorder (PTSD), you may be eligible to participate in a research study that aims to see if a mobile-technology program can help with chronic pain. The study involves:

- An initial four hour interview at Duke.
- Using an iPod Touch® at home to train your brain to be in a more relaxed state.
- Two appointments in your home to ask about your use of the iPod Touch®.
- A second four hour interview at Duke three months later.
- Veterans will be compensated for study participation.
- Veterans who complete the study will also be able to keep the iPod Touch®.



For more  
information  
contact  
Dr. Eric Elbogen  
at  
vetstudy@duke.edu  
**919-681-1613**